

Sample Dunannie Menus – Autumn Term

The menus maybe subject to alteration

Weekly	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Jacket Potatoes	Assorted	Assorted	Assorted	Assorted	Assorted
Salad	Assorted Mixed Salads fresh daily				
Week 1					
Main Course	Baked Sausages with Savory Sauce	Cottage Pie	Roast Beef	Grilled Chicken Fillet Rich Tomato sauce	Fish of the Day Breaded Poached Cod
Vegetarian Main Course	Vegetable Sausage & Tomato Bake	Vegetable Cottage Pie	Quiche	Vegetable Korma Tagliatelle Neapolitan	Vegetable Ravioli
Vegetables and Accompaniments	New Potatoes carrots	Green Beans Mashed Potatoes	Roast Potato/Parsnips Yorkshire Pudding	Rice Naan Bread	Chips Peas
Dessert	Rice Pudding	Jam Sponge and Custard	Apple Crumble and Custard	Bread and Butter Pudding with Cream	Chocolate Sponge with Chocolate Sauce

Week 2					
Main Course	Spaghetti Bolognese in Tomato Sauce	Chicken and Ham Pie	Roast Turkey with Sage and Onion Stuffing	Southern Fried Chicken	Fish of the Day Paella
Vegetarian Main Course	Vegetable Bolognese	Roasted Vegetable Bake	Stuffed Peppers	Vegetable Kiev's	Quiche
Vegetables and Accompaniments	Green Beans Garlic Bread	Sweet Corn Sauté Potatoes	Roast Potato/Parsnips Cabbage/Swede	Mashed Potatoes Peas, Fresh Carrots	French Fries Peas
Dessert	Fruit Sponge and Cream	Pears in Chocolate Sauce	Apple Pie and Custard	Apricot and Peach Crumble	Chocolate Sponge & Chocolate Sauce

Week 3					
Main Course	Fried Chicken Goujons	Beef Lasagne	Roast Pork	Shepherd's Pie	Fish of the Day Poached Salmon
Vegetarian Main Course	Vegetable Ratatouille	Vegetable Lasagne	Roast Root Vegetable	Vegetable Stir-fry	Cauliflower & Broccoli Cheese
Vegetables and Accompaniments	Jacket Wedges Sweet Corn	New Potatoes & Green Beans	Roast Potatoes, Parsnips, Carrots & Cabbage	Mashed Potatoes Broccoli	Chips Peas
Dessert	Cherry Sponge & Cream	Pears in Chocolate Sauce	Spotted Dick and Custard	Treacle Tart and Cream	Fruit Salad & Cream