

DUNANNIE FRIDAY LETTER

15th November 2019



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Words have great power that can make or break others...so please be careful with them.



Dear Parents

It has been another busy week at Dunannie with our Parents' Evenings taking place this week. I hope you were all able to meet with your child's teacher. If you were unable to attend either of the sessions, please do make a separate appointment for a mutually convenient time.

On Monday the children marked Remembrance Day by coming together for a two minute silence and created a beautiful display.

On Tuesday we had the Performers' Platform. Ben was impressed with the children as they all played beautifully. I hope you enjoyed witnessing the hard work the children have obviously put into learning their instruments.

Year 3 played valiantly in their netball match against The Royal School on Thursday and showed great team spirit and improved their team skills with a draw. Pictures are on the following page. The Gymnastics Club also entertained parents and children with a display of what they have learnt this term, it was really lovely to see.

Today we have had our special 'Children in Need' dance event and you certainly turned out in your best sparkles. Thank you to all of those who came and donated to this very worthy cause, we raised over £180.00.

Please remember that Friends of Dunannie are hosting their Christmas party next Friday 22nd November. You can sign up for tickets in the Dunannie Entrance if you have not done so already. Please also bid generously for the amazing Silent Auction Prizes, many of which have been donated by parents. You can view these online with the Friday Letter.

A couple of notes for your diaries. We have decided to postpone our Grandparents' Day until after Christmas. We will find a more suitable date when the weather is warmer and grandparents are less busy. Also, the Year 3 netball match against St Ives on Monday 25th November has unfortunately been cancelled.

As you know, Years 1-3 will be performing their much-anticipated Christmas Production on both Wednesday 27th and Thursday 28th November from 9.30am in the Dunannie/Dunhurst Hall. You are now able to register for tickets so please do this using the sign-up sheet on the noticeboard in the Dunannie Entrance.

For your information, Dunannie have signed up to the Terracycle scheme which means that we will be able to recycle some "non-recyclable" items. We have provided separate bins for pens, toothbrushes and toothpaste, bread bags and crisps. Please do make full use of the bins and bring items in from home for recycling.

Please can I remind parents of our Street Dancers, that the class finishes at **4.20pm**. Thank you for your support in

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collecting the children from the hall promptly at this time as unfortunately, if you are late, it affects the start time of the following class.

Lastly, please can I draw your attention to Hettie's 'Guess the Name of the Whale' competition which is featured on page 8 of this newsletter. All funds raised will go to Dunannie's whale, Simoom. Please remind your child to bring in their pocket money to play Hettie's game (50p a go). Thank you for your continued support.

Wishing you all a wonderful relaxing weekend.

Best wishes
Victoria



Year 3 Netball match against The Royal



The Gymnastics Club performed a routine and displayed their skills to parents and children.



Remembrance Display

SPECIAL DUNANNIE MOMENTS

15th November 2019



Nursery made delicious pumpkin soup using pumpkins grown in the orchard.



Super Reception swimmers!



SPECIAL DUNANNIE MOMENTS

15th November 2019

Year 1 worked with Bedales 6:2 students to investigate light. They bent and reflected light rays, found out what happens when you filter colours and and created white light.



SPECIAL DUNANNIE MOMENTS

15th November 2019

Year 3 and Year 2 spent the morning working hard with Tom Eno planting grasses and bulbs around our insect sculpture, planting spring bulbs in pots with Catherine and weeding and preparing the raised beds using compost from Dunannie's compost boxes with Camilla.



NOTICES & ACHIEVEMENTS

15th November 2019



Dunannie Calendar

Start Date	Start Time	End Time	Description
19/11/2019	08:15	08:30	Dunannie Early Morning Dance
21/11/2019	15:30	16:45	Dunannie Year 1 Campfire Event
22/11/2019	08:15	08:30	Dunannie Dance
22/11/2019	09:00	11:00	Dunannie Christmas Production Tech Rehearsal
22/11/2019	13:00	15:00	Dunannie Flu Vaccinations
22/11/2019	19:30	22:00	Dunannie FOD Fund Raising Event
25/11/2019	09:00	11:00	Dunannie Christmas Production Dress Rehearsal
25/11/2019	14:30	15:30	Dunannie Netball v St Ives - CANCELLED
26/11/2019	08:15	08:30	Dunannie Early Morning Dance
26/11/2019	09:30	11:00	Dunannie Nursery Taster Morning
27/11/2019	09:30	10:30	Dunannie - Christmas Production
28/11/2019	09:30	10:30	Dunannie - Christmas Production
29/11/2019	08:15	08:30	Dunannie Dance
29/11/2019	08:30	09:00	Dunannie - Open Classroom
02/12/2019	13:15	14:15	Dunannie Grandparent's Day - CANCELLED
02/12/2019	14:30	17:00	Year 3 - Netball Match v Ditcham (A)
03/12/2019	08:15	08:30	Dunannie Early Morning Dance
05/12/2019	09:00	09:30	Dunannie Nursery & Reception Christmas Concert
05/12/2019	09:30	10:30	Cinderella Pantomime (Dunannie Years 1-3)
05/12/2019	12:00	12:30	Dunannie Christmas Lunch
06/12/2019	11:00	12:00	Dunannie Christmas Disco Fundraiser
06/12/2019	13:00	13:00	Dunannie Term Ends
06/01/2020	08:15	08:30	Dunannie Term Starts

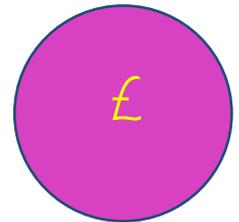
FRIENDS OF DUNANNIE

Friends of Dunannie

Dear all

If you haven't already... get bidding...

The Silent Auction pdf shows (in pink circles) the current highest bids for each prize (as of 9pm 14th November) email friendsofdunannie@gmail.com to bid higher and we'll let you know whether you're winning or if you've been out bid. All proceeds go to our charities and FoD.



It would be really helpful for logistics if you could bid sooner rather than saving it for the day of the party or the party itself.

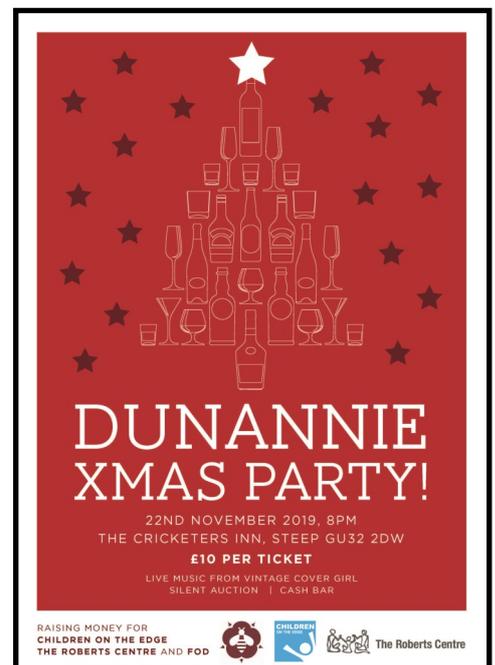
Thanks so much for your incredible generosity.

Most of you will have signed up for your tickets for the party next Friday (22nd) – it's not too late if you haven't and it promises to be a great night with music from the brilliant Vintage Cover Girl as well as a live auction of the top four most popular prizes – so get your bids in.

Thanks very much to Danielle and Juliet who drove the shoe boxes to Eastbourne on Tuesday and to everyone who packed a box – we had a really good load.

Have a lovely week end,

Friends of Duannie Team



SCHOOL EVENTS / NOTICES

15th November 2019



On Monday at 8.15am and at playtime I am running a 'Guess the Name of the Whale' competition.

If you get it right you get to keep the whale. It is 50 pence for each guess. The money raised will go to Dunannie's whale, Simoom.

Thank you,
Hettie - Year 3

Parent Events

Friday 6 December, 10.30am: Christmas Wreath Workshop with Hector and the Fox, Rogate

Enjoy a morning at the magical home of Hector and the Fox but also leave with your very own stunning Christmas wreath with which to impress friends and family over the Christmas season. And all in time to collect your children from school at the end of term.

Hector and the Fox are based at their beautiful, historic home in Stedham, a twenty-minute drive from Bedales in the heart of stunning West Sussex. They are well known locally for their originality, flair and knack of putting nature at the centre of life whether it is in the kitchen cooking delicious seasonal food or using nature to transform their home into an oasis of beauty and style.

Cost to be confirmed shortly. Please reserve your place by emailing parents@bedales.org.uk

Martha's Eco Tip of the Week



A HEALTHY diet makes for a healthy planet.

That's the conclusion of a major study into the health and environmental impacts of 15 foods common in the diets of Western countries like the UK, France and USA.

It's common knowledge that fruit, vegetables, beans and wholegrain foods (such as whole wheat, brown rice, popcorn and oats) are good for your health. They help prevent heart disease and cancer. But the new analysis by the University of Oxford confirms that a diet high in those foods is also best for protecting our climate and water resources.

Diet: high in red meat (beef, lamb and pork) and processed meat (such as sausages and ham) are more harmful to our health and to the planet.

There are, however, some exceptions to the rule: fish is a healthy food for humans to eat, but has a bigger impact on the environment than fruit, vegetables and wholegrains. Unhealthy snacks such as biscuits, and sugary drinks like cola, can be bad for our health but have a smaller impact on the state of the environment.

Michael Clark, the lead researcher, said: "Choosing better, more sustainable diets is one of the main ways people can improve their health and help protect the environment." Dr Clark and his team are working on food labels that contain information on health and environmental effects.

Plant-based diets and meat-free days are becoming more popular as we begin to better understand the impact our food habits have on the planet. Raising animals for food uses a lot of resources, including water, and beef production in particular contributes greatly to global warming.