



13 Sept 2019



Click on the bird link above to see our exciting Twitter Feed

- [Bedales Saturday Bulletin](#)
- [Dunannie Friday Newsletter](#)
- [Bedales Events](#)



The U13 Season Kicked Off to a Flying Start with a Tournament Win!

## At a Glance

[The Week Ahead](#)

[Letter from Colin](#)

[Parents - Key Term Dates](#)

[News from ODW and Science](#)

[Match Reports](#)

[Notices](#)

[Menus Next Week](#)

**Meet the Reception Team**



[See photos](#)

**Groups' Masterpieces  
inspired by the Mona Lisa!**



[See photos](#)



# The Week Ahead

<b>Fri 13 Sept</b>	12:45-16:30 U11 Football Tournament at Ditcham Park 14.00 Block 1 Coming together - Afternoon and Overnight 16.30-17.30 JAW
<b>Sat 14 Sept</b>	10.00-12.00 Open Morning 13.30 Art Exhibition group visit to Pallant House Gallery
<b>Sun 15 Sept</b>	18.00-20.00 Borders return
<b>Mon 16 Sept</b>	ALL DAY Sports Coaching with Pippa Lock
<b>Tue 17 Sept</b>	14.00 – 16.30 OPRO Mouthguard fitting
<b>Wed 18 Sept</b>	14.00 U13A + B Football Tournament at Highfield 14.00 U11 Football Tournament at Prebendal 14.00 U13A Girls' Hockey Tournament (A at Highfield School) 14.00 U13B Girls' Hockey v Lords Wandsworth (A) 14.30 U11B + C Football v The Royal (A) 14.30 U9 Football v Great Ballard (A) 14.30 U11 Netball League Game v St. John's School (H) 15.30 U10A + U9A Netball v Churcher's Juniors (A)
<b>Thur 19 Sept</b>	09.00 – 12.50 Group 1 visit to Ivon Hitchens exhibition at Pallant House in Chichester All day Group 2 Trip to Osborne House
<b>Fri 20 Sept</b>	14.00 – 16.00 U10 + 11 Cross Country at Seaford College 16.30-17.30 JAW - Harriet Waley-Cohen
<b>Sat 21 Sept</b>	08.30 – 13.30 Badley Morning - Dunhurst and Dunannie Family Walk
<b>Sun 22 Sept</b>	18.00-20.00 Borders return



# Letter from Colin



Dear Parents and Pupils,

The week is ending with beautiful late Summer sunshine, which bodes well for the Block 1 Camp Out and Open Morning on Saturday. It is always lovely to get the first 2 weeks under our belts and the children, staff and parents have all sampled life in the new year groups, lessons, activities and the flow of the school. We are so pleased by all the children's start to the year; they should be proud of their efforts and are adapting so well to their new classes and year groups. There is a lovely feel in school and it is wonderful to have watched inspiring lessons and eager and enthused children taking part.

The thought of the week was based around my assembly about the devastating Hurricane Dorian, which hit the Bahamas, Northern America, and Canada. It also ties in with our support of the 'Awesome Movement'. It's being grateful, when things we perceive as hard or difficult that is ok, but we need to remember that many people have so much less than we do in their lives and they are thankful and happy.

Thought of the week



Family supper debate, just for fun!

Can failure be positive?

<https://www.bbc.com/ideas/videos/four-failed-inventions-that-changed-the-world/p07mdllw>

Some highlights from the week that was...

Karl Hopwood, Internet safety trainer, gave an informative workshop to each year group on Monday and the staff too. He is an e-safety guru who delivered brilliant advice, which has enhanced the Wellbeing programme. Thank you to those parents who came to the evening talk. His 'top take homes' were...

Get all technology out of the bedroom

Turn off technology at least an hour before bed

Try to keep all lines of communication open with your children

The internet is not bad, it's what people do with it which could be dangerous

A gripping afternoon of sport took place on Wednesday afternoon, as the first full week of fixtures got underway. The U13 footballers got their season off to a flying start winning a 6-a-side tournament at Prebendal, whilst the U9s made it 2 wins from 2 at West Hill Park. The U13 girls got their hockey season underway with 2 close games against Bohunt, whilst the U11 netballers did fantastically well to end 4th in their tournament at Mayville in which they were up against some incredibly strong opponents.

[BACK](#)



# Letter from Colin

A gripping afternoon of sport took place on Wednesday afternoon, as the first full week of fixtures got underway. The U13 footballers got their season off to a flying start winning a 6-a-side tournament at Prebendal, whilst the U9s made it 2 wins from 2 at West Hill Park. The U13 girls got their hockey season underway with 2 close games against Bohunt, whilst the U11 netballers did fantastically well to end 4th in their tournament at Mayville in which they were up against some incredibly strong opponents.

It continues to be a productive time in Outdoor Work (ODW) lessons. The bird feeders have been scrubbed clean and filled, ready for the colder weather, the welly station has been tidied, the apple press is in full swing and the chickens have been enjoying the leftovers. Do take note of the 'blackberry' request this weekend later in the Friday Report - looks like a lovely time to go picking and bring them into school for some home-grown jam making.

I was delighted to hand out so many LAMDA certificates and announce the short story chosen contributors for a newly published book, which we will soon have in the school library. After thousands of entries, we had 10+ Dunhurstians acknowledged on their contribution to this book. Congratulations to all involved.

Thank you to the Art and Design department for their inspiring, magical and informative week celebrating 500 years since the death of Renaissance genius and polymath, Leonardo da Vinci! The foyer of the Cobb has been transformed into Leonardo's studio. Do come and take a look. Break times have been used as a time for incredible activities from retelling the tale 'The Genius of Leonardo' by Guido Visconti Bimba Landmann, masterpieces inspired by Leonardo's Mona Lisa to Leonardo's Parachute Workshop, creating and testing out his design circa 1485!

We had Chloe Mills from the Life Skills Company come and work with Block 1 and 2 this week on 'Learning How to Learn'. These were excellent proactive and hands on sessions and I know staff and children took a lot away. Thank you also to parents who came last night to the session led by Chloe, we will send further information out and be introducing some of what was covered in the Academic Programme.

As I write, Block 1 are embarking on their 'Coming Together' activity afternoon and camp out. Lots of fantastic team work and bonding has been witnessed. The shelters, made by the pupils, are starting to take shape, and are looking sturdy and some serious 'glamping' extras have been creatively added. I look forward to joining the evening activities and hope the home-made shelters last the night!

## **Board not Bored-** from 'Houseparents', Alice and Simon

This week the boarders enjoyed their 'Tuesday Treat Night'; waffles for the girls and toasties for the boys. There have been some very competitive games of UNO over on Girls' Wing too. Whilst Block 1 are joining in with the camp out, the other boarders will be donning their peg legs for a game of Pirate with David. On Sunday this weekend, boarders are going for a trip to the Queen Elizabeth Country Park for a go on the assault courses, followed by pizza making in ODW. A trip to Chichester for some shopping is also on the cards for this weekend.

Next Tuesday we are taking the Block 2s to 'Singin' in the Rain' performed by the Petersfield Youth Theatre.

## **A few reminders**

**Saturday 14 September - Open Morning.** If you have friends or family interested in learning more about our unique education, please encourage them to come along. Please email [kfreeman@bedales.org.uk](mailto:kfreeman@bedales.org.uk) to book a place. All Groups children are invited in to help with the morning.

**Saturday 21 September - Badley Morning** - More information to follow shortly, but please save the date. Everyone is welcome, parents, neighbours, siblings and dogs. Bacon baps on arrival followed by a community working bee, then the choice of walks up to the Poet's Stone for the hardy ramblers or a less steep walk around the famous Harrow Pub and Kettlebrook areas of Steep (weather permitting) where the views are indescribable, looking over Steep with the South Downs as a back drop. On return, there will be a much-needed hearty ploughman's in the playground. The morning will be finished by 13.00 with normal train times for boarders.

Have a wonderful weekend and enjoy the warmer weather, which I hope will continue.

[\*\*BACK\*\*](#)



## Parents - Key Term Dates

Saturday 14 Sep	10:00	12:00	Open Morning
Saturday 21 Sep	08:30	13:30	Badley Morning - Dunhurst and Dunannie Family Walk
Friday 27 Sep	15:30		Long Leave Weekend
Sunday 29 Sep	18:00		Boarders Return
Wednesday 23 Oct	15:00		Half Term begins
Sunday 03 Nov	18:00		Boarders Return
Thursday 14 Nov			Block 1 Parent/Teacher Meetings - PM TBC
Friday 15 Nov	15:30		Long Leave Weekend
Friday 15 Nov	16:45	17:30	Block 1 Bedales Assessments - Parents Q & A
Friday 15 Nov			Block 1 Parent/Teacher Meetings PM - TBC
Sunday 17 Nov	18:00	20:00	Boarders Return
Friday 22 Nov			Block 2 Parent Teacher Meetings PM - TBC
Saturday 23 Nov			Block 2 Parent Teacher Meetings AM - TBC
Thursday 28 Nov			Groups Parent/Teacher Meetings Timings PM TBC
Friday 29 Nov			Groups Parent/Teacher Meetings Timings TBC
Saturday 30 Nov	11:00	13:00	HOPiT Fair
Friday 06 Dec	13:30	14:30	Term Ends

[BACK](#)



# New Staff

## MEET THE RECEPTION TEAM

This term we welcomed Claire Jann as Afternoon Receptionist (top right).  
This now completes the team as follows:

**Juliet de Watteville** – School Office Manager – Monday to Friday 8.00am to 4.00pm  
[jdewatteville@bedales.org.uk](mailto:jdewatteville@bedales.org.uk)

**Kerry Hodges** – Morning Receptionist – Monday to Friday 8.00am to 1.45pm  
[khodges@bedales.org.uk](mailto:khodges@bedales.org.uk)

**Claire Jann** – Afternoon Receptionist – Monday and Tuesday 1.15pm to 7.00pm  
[cjann@bedales.org.uk](mailto:cjann@bedales.org.uk)

**Steph Chambers** – Afternoon Receptionist – Wednesday to Friday 1.15pm to 7.00pm  
[schambers@bedales.org.uk](mailto:schambers@bedales.org.uk)

Kerry, Claire and Steph also cover Saturdays 8.00am to 1.00pm on a rota basis.

**Main Reception number is 01730 300600**

Email [dunhurstreception@bedales.org.uk](mailto:dunhurstreception@bedales.org.uk)





# What's Been Happening?

Block 1 looked at proportion and the Golden Ratio before applying them to their face and figure drawings.



Lunchtime Leonardo Dress-up Photography fun for the Groups.



The boarders had their first Sunday trip for the year. The weather was glorious for their day out to Southsea seafont.

[BACK](#)



# What's Been Happening?

## GIANT SUNFLOWER COMPETITION

Back in the Spring Term, we launched our Annual ODW Competitions; Giant Sunflower and Giant Pumpkin! I would now like to gather any entries for the **Giant Sunflower Competition**. If you managed to grow one, please send me a photo of you and your flower – please also send me its height!



Also, I am very happy and keen to receive images of pupils with any lovely flowers, trees, shrubs that you may have in the garden – or spotted on holiday!! These will be used to create a display in school.

Please send any entries to me via email; [rwalsh@bedales.org.uk](mailto:rwalsh@bedales.org.uk)



### Blackberry Picking!

Please can you help ODW by going blackberry picking this weekend! We have made jam in the past with small groups and it's great fun! This year, I would like to make a bigger batch. If you have a good patch nearby, and could gather some and give them a quick wash, I would love to have them in school on Monday morning! A lovely Sunday afternoon activity for the whole family!!! I will leave a table at the bottom of the steps for any donations. Many thanks in advance, Ryan.



### Group 3 Science - Forces in action—making elastic Newton meters.





## MATCH RESULTS

### **U9A Girls' Netball (L 0-3 )**

Kicking off the Netball season this year, the U9A Girls' Netball team played The Royal School at home. The team were quite nervous, as it was their very first Dunhurst match and they had not played much together before. The first quarter was exciting with the Royal just squeezing in one goal past Dunhurst. Panarea was quick off the mark, passing well to her peers. Annie B came into her own as centre, playing some excellent passes, with Sofia L and Otilie D backing her up. There were some great shots at goal by Naomi A and Anouk S, plus good defending by Jemima O, Hermione R, Aggie H and Evie W. By full time, the score was 0-3 to The Royal School. Well done to all who played – you showed great potential – and to Annie who was picked as Player of the Match!

Nina

### **U10 Netball v The Royal (L 5-6)**

Wow, what a first game of the season! The U10s faced a strong and well organised Royal School team. Dunhurst started off confidently and scored first but The Royal reacted quickly and equalised within minutes. The first quarter was closely matched but The Royal finished the first quarter 3–2 up. After a quick team talk, Dunhurst came out fighting. Chloe and Georgie defended brilliantly and The Royal were unable to score, Dunhurst were leading 4-3 going into the third quarter. The third quarter was so closely fought, Dunhurst passed well and intercepted the ball numerous times but were very unlucky not to score. In the final quarter Dunhurst got a little distracted, The Royal took advantage and the game ended 5-6 to The Royal.

Dunhurst played some excellent Netball and there were many great individual performances, a fantastic game to build upon.

Karen

### **U11B Netball v The Royal (L 3-5)**

On Wednesday the U11B Netball team played The Royal School. It was the first match of the season and the girls were anxious to start the game. They hadn't actually played as a group before and it took a while to get back into the swing of things regarding rules etc. At the end of the first quarter they were 0-3 down, which was a bit of a shock! There were some positional changes during the break and the players resolved to play with greater determination. This strategy paid off with Mollie scoring the only goal of the quarter. Mattie defended with agility, ably assisted by Gracie as the GK. At half time the girls resolved to gain more ball and increase the number of interceptions. Emily was stunning as a WD and Mollie popped another goal in just before the end of the third quarter.

In the final quarter, Jemima proved to be a force to be reckoned with, she managed to score from a cross from Millie. Liberty was strong in defence, but The Royal stepped up a gear to shoot two more, vital goals, which sealed their victory.

In conclusion, a solid start for the team. There appears to be some work to do in terms of footwork and throwing technique, but there is definite potential. Well done to Mattie for getting the Bee's Knees award!

Debbie P

### **U11B Football v Seaford College (L 1-4)**

After last week's draw the boys were eager to make their mark. Though the weather could be classed as inclement, the heavy drizzle did not dampen their spirits. From the onset, Seaford applied great pressure to the Dunhurst goalie, the defence rallied and cleared as many shots as they could but the goals still came. Dunhurst fought back in the second half, played some super probing football and were rewarded with a great goal. They continued to fight for every yard of the pitch and, at the final whistle, it was a loss of 1-4. It was great to see some good communication on the pitch and a massive commitment from all players. 'Control' well - that's an area we can work on in training.

Once again, well done boys, it was a great effort against a strong opposition. MVP Eliot S

David



## MATCH RESULTS

### **U11A Football v Seaford (L 4-5)**

The 2019 football season got off to a thrilling start for the U11B team. The game started with Dunhurst soon pressing for an opening goal. The Seaford goal was well and truly peppered with Dunhurst shots. It was only with the help of some outstanding saves, from the Seaford goalkeeper that Dunhurst were unable to get a goal. Then, against the run of play, Seaford scored the first goal. But Dunhurst made an immediate reply with Henry B getting a goal back. Making the score 1-1 at half time.

Seaford were out of the blocks quicker in the second half and immediately retook the lead. Again, Dunhurst responded almost straight away, with Tom C equalizing with a well-taken goal. Again, Seaford took the lead. With some more measured play, Dunhurst equalized with another Tom C goal – this time a sublime lob from wide out right. Dunhurst then managed to break the scoring pattern and took the lead for the first time in the match, with Henry B shooting in from 20 yards out. Seaford equalized and then, with the last kick of the game, they scored from a corner to win 5-4.

An unfortunate score-line and it didn't really do justice to a Dunhurst team who played the better football throughout the match.

Steve

### **U13 Season Off to a Flying Start with Tournament Win!**

The U13 footballers travelled to Chichester on Wednesday afternoon and returned with huge smiles as they picked up their first silverware of the season. The tournament at Prebendal consisted of 8 teams playing across two groups. In the opening match, the boys were quick off the mark against Great Ballard, racing into an early lead with some neat passing play. They dominated proceedings and took a 4-0 lead into half time. Despite having the better chances in the second half the score-line remained the same. In the second match, a very physical West Hill Park side greeted the boys. Despite strong challenges flying in, I was incredibly impressed with how well the Dunhurst team kept their cool and had the last word as they amassed an impressive 5 goals. In the final group game, the boys needed a draw to progress to the final. Yet again they dominated possession, but could not quite turn their dominance into goals. Fortunately new addition to Dunhurst, Amos, converted one chance to give the team a 1-0 victory. The toughest match of the afternoon saw the Dunhurst team take on hosts Prebendal. The first half saw the first real test for our boys as Prebendal had the majority of possession. Despite this, a few breakaway opportunities presented themselves, but we were unable to capitalise. The second half continued to be a very even encounter and the game looked as though it could be heading for penalties. This was not to be the case however. Following a foul on Stan, Rhomey stepped up to drive a long distance free-kick into the bottom corner to give the jubilant boys the lead. Whilst Prebendal then piled on the pressure, Ed broke free, and kept his composure, to round the keeper and finish well to secure the win. A huge achievement to finish an entire tournament, not only with victories in every match, but also not to concede a single goal!

Will

### **U13A Hockey v Bohunt (W 2-0)**

Well, what a hugely positive start to the Hockey season for the U13As. Kicking off the season at Bohunt, Dunhurst really showed real potential. This was their first competitive game as a unit. The combination of Rosy, Evie and Clara paid dividends with a cleanly taken strike from Evie neatly crossing the goal line early in the first half. Great to see really positive hockey being played, with some having the confidence to drive forwards with the ball in attack and look to change the channel. Good supportive play from Tilly B, Maia J and Sienna, who thwarted any challenge on the Dunhurst goal with Milly D disposing of any shot on goal with great confidence. Rosy R and Clara impressed in the mid-field and worked incredibly hard tracking back to defend and showing good stick work to maintain possession for Dunhurst. Clara connected with a peach of shot into the D and beat the keeper to make it 2-0. Dunhurst came close, but were unable to convert anymore shots on goal. Pandora, Posy KP and Poppy D showed a good work rate and made clinical tackles to win the ball back for Dunhurst. Well done to Clara and Rosy R who were rewarded with the Bee's Knees for their efforts. There is oodles of potential with this team and we look forward to seeing what the season brings.

Heather



## MATCH RESULTS

### U13B Hockey v Bohunt (W 3-0)

What a start to the season! This was a great team win from the players. From the start of the game the players were committed to every tackle and their passing was on point. Anna HF was confident on the ball - bringing the ball out of defence, driving towards the goal and passing to our front players. Grace and Daisy showed great composure on the ball, making vital tackles in defence and distributing the ball out wide to our attacking players. Annabel was dynamic in mid-field, always looking to get the ball forward, and her positioning on attacking free hits was excellent in the shooting circle. Annabel was awarded with a goal just before half time, where she showed great composure in front of goal, and slotted the ball into the left hand corner! The second half saw Lola picking the ball up well in mid-field and attacking at the Bohunt defence with speed and was unlucky not to score a goal.

Dunhurst did well driving down the wings with Phoebe and Ella demonstrating excellent stick skills to get past the defenders and attack the goal. Annabel scored again in the second half and this was a great goal for the whole team, as the ball was won in defence, passed to mid-field, and passed into the circle for Annabel to score! Izzy R and Izzy N were tenacious in mid-field, always striving to win the ball and attack the goal. Izzy R made some great attacking runs down the wing with the ball and her passing into the circle was superb, and she was awarded the third goal through determination and decisiveness in front of goal to shoot the ball with power into the right hand corner of the goal! Well done to Jazz for playing in goal and despite there not being much of an attacking threat from the opposition, Jazz was a vital part of the team and always alert. Daisy and Annabel were awarded players of the match and this was great attacking game for Dunhurst, well done to all the players and roll on next weeks game!

Shelley

### U11A Netball Tournament at Portsmouth High School

For the tournament Marlie was our team captain and Paige was our vice-captain for the day. Firstly, we played St. John's College and we were all very, very nervous for our first match of the season. The game started well but we were all driving away from the ball instead of driving towards the ball. After a few minutes of the game we were starting to relax a little bit and drive forward. The game ended 2-4 to St. John's. Our second match was against Ditcham Park and we got on with the game. We were now driving forwards but were only using one side of the courts at a time. Ditcham's defenders were strong but we slipped through their fingers to score one goal, which won us the match. We continued to work hard in our remaining matches and came 4th overall with a chance to better our scores at the end of the netball season. We all enjoyed being back on the court playing together. Thank you for taking us Sam and Alarah, we all had an amazing time.

Paige



On **Tuesday 17th September** from 2-4pm we will have a dentist from OPRO visiting to fit mouth guards. Whilst these can be purchased from Sportslocker along with the PE kit, OPRO provide a specialist dental impression service to ensure they are moulded perfectly to your son / daughter's teeth. If you would like to purchase an OPRO mouthguard, please do so by visiting [www.opro.com](http://www.opro.com). Whilst making your purchase, you will need to select '**Impression Visit**' when prompted and enter the name of the school. We will receive a list of all pupils who have purchased an OPRO mouthguard and will ensure your child has their impression taken during OPRO's visit.





# Notices

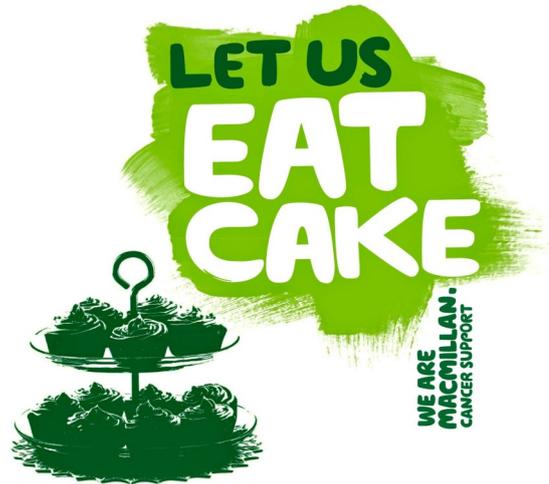
## MACMILLAN COFFEE MORNING

Friday 27th September

At Dunhurst, we know how much you like cake!  
And, we know how much you like to support HOPiT!

### So:

1. Bake some cupcakes.
2. Bring them to the Dining Room on the morning of Friday 27th September
3. Wait patiently in the break queue.
4. Drop a donation in the pot at break.
5. Eat wonderful cake as your snack!
6. Extras will be sold after JAW.
7. Recommended Donation £1.00. **Please do remember that we are a nut free school.**



## BOARDERS TRAIN TIMES – WEEKEND 14/15 SEPTEMBER

Staff contact number on the train: **07810860829**

Dunhurst Matrons number: **07970773568**

Dunhurst Reception number: **01730 300200**

### Saturday lunchtime (Blocks & Groups) – Petersfield to London

- Pupils meet duty staff at **13:20** after lunch, in Dance Studio. Collect tickets and belongings
- Train leaves Petersfield at **13:57**
- Arrival at London Waterloo at **15:14**
- Options on arrival
- Pupils travel onward independently – parental permission must be received in writing (Blocks only)
- Staff handover to parents under the main station clock

### Sunday evening (Blocks & Groups) – London to Petersfield

- Pupils register with duty staff under the main station clock 15 minutes prior to departure time
- 15 minutes prior to departure pupils and staff will embark on the train
- Train leaves Waterloo at **18:42**
- Arrival at Petersfield at **20:23**
- If pupils arrive later than this, they should either:
  - Find Dunhurst staff member on the train and register
  - Contact staff member on the mobile phone (Contact staff member on the mobile phone)
- If the above does not happen, parents must accompany the child on the train to Petersfield, or make alternative arrangements

[BACK](#)



# Notices

## ARRANGEMENTS FOR WEDNESDAY AFTERNOONS

### BLOCKS

Normal end of day pick up if not involved in any of the Activities below	2.00pm
Matches	Times as per team sheets details will be emailed to those taking part
Walk to Petersfield	2.00-4.00pm
Community Service	2.00-4.00pm
Scoffs Café or Green in the Library	2.00-4.00pm
Day Children can go home if not signed up already to evening activity or need to stay	4.00pm
Late Green	4.20pm-5.30pm
Activities	6.00pm-7.00pm

### GROUPS

Normal end of day pick up if not involved in any of the Activities below	2.45pm
Matches	Times as per team sheets details will be emailed to those taking part
Activity	2.45-4.00pm
Day Children can go home if not signed up already to an Termly evening activity or need to stay	Timings 4.00pm
Street dance (Chargeable activity)	4.20-5.30pm
Textiles	4.20-5.30pm
Green or Scoffs	4.20-5.30pm

### PARENTS' EVENTS THIS MONTH

There are some spaces still available on this month's parents' events, which are open to parents at all three schools. On 19 September, join us for a private vineyard tour and wine tasting at The Grange, Hampshire (pictured above), followed by supper at The Woolpack, Totford (£20 for the tour and wine tasting and £30 for a three-course meal excluding drinks - book [here](#)). We will meet at The Grange at 6pm or, alternatively, the school minibus will be on hand to take us from Bedales at 5.30pm and return us at the end of the evening for a small additional charge (please state if you would like a space on the bus when booking). Later in the month, there is an exclusive opportunity for a private tour of Old Bedalian Ivon Hitchens' exhibition at Pallant House Gallery, Chichester, followed by a light lunch in the gallery's restaurant (30 September, 10.30am-2pm, £20 - book [here](#)). Please do come along and feel free to bring a friend. More information about this term's parents' events is on our website [here](#).

[BACK](#)



# Notices



## YOU ARE AWESOME! A BIG, YELLOW THANK YOU TO THE EMERGENCY SERVICES



**Friday 20<sup>th</sup> September 2019, London, UK:** An open-topped, double-decker, bright yellow bus will be driven all around London stopping at Ambulance Stations, Fire Stations, Police Stations and Hospitals giving out coffee, donuts and gifts to say thank you to the awesome men and women of the Emergency Services.

20th September 2019, Will be a day to remember for all of the amazing people who protect us and save lives every day. The mission of the day is to permanently cement respect and gratitude from the public in the form of continuous kind gestures to the Emergency Services; like buying someone a coffee, a donut, or some other way of saying thank you. The more sporadic and unexpected the gestures are, the more special they will feel.

Michael Howard, Founder of The Awesome Movement said, "Following a BBC News article in September 2018 of notes being left on an Ambulance berating paramedics for parking over a drive whilst on an emergency call, I was shocked, but also made a realisation, we don't show our appreciation enough. Almost immediately I created a group of like-minded individuals to help change the way that we as a country think about our awesome Emergency Services teams throughout the country going out and risking their lives to protect and save ours."

### Shocking facts:

- Around eight paramedics are subjected to a serious attack every day, including stabbings, assaults and verbal abuse.
- Recorded attacks on Firefighters have soared to a whopping 900 per year.
- Over 15% of nursing staff have experienced physical violence from patients, relatives or members of the public.

Michael and his team of Awesome Appreciators will be driving an open-topped bright yellow bus all around London to shout about the amazing work that these brave men and women do every single day. Starting at 0630am at London Ambulance HQ, Waterloo Road, SE1, they will be visiting Ambulance Stations, Fire Stations Police Stations and Hospitals giving out coffee, donuts and gifts.

Michael says, "Putting yourself in danger, saving someone's life and dealing with harrowing events every day is unbelievable and worthy of our huge appreciation and gratitude. Our goal is to have a National Awesome Day every year, but more importantly we want the public to show their appreciation continually. For example; when you see someone from the emergency services, say thank you, buy them a coffee, make them feel appreciated."

**The Awesome Movement** was founded in 2018 in London, UK by Michael Howard as a response to the horrific statistics relating to how Emergency Services staff are treated.

Instagram: [@awesome\\_movement](https://www.instagram.com/awesome_movement)  
Facebook: [@awesomemovement](https://www.facebook.com/awesomemovement)  
Web: [www.awesomemovement.co.uk](http://www.awesomemovement.co.uk)

## WE WILL BE VISITING & DELIVERING COFFEES, DONUTS & GRATITUDE TO...

LONDON AMBULANCE HEADQUARTERS

HOLBORN POLICE STATION

CHARING CROSS POLICE STATION

ST THOMAS' HOSPITAL

METROPOLITAN POLICE CENTRAL COMMUNICATIONS COMMAND CENTRE

LAMBETH FIRE STATION

BATTERSEA FIRE STATION

CHELSEA FIRE STATION

CHELSEA AND WESTMINSTER HOSPITAL

CHARING CROSS HOSPITAL

PADDINGTON FIRE STATION

ST MARY'S HOSPITAL

GREAT ORMOND STREET HOSPITAL

THE ROYAL LONDON HOSPITAL

GUY'S HOSPITAL

[BACK](#)



## HOME FROM HOME EXHIBITION

Home from Home is a solo exhibition of British painter Alex Rennie's work at The Frestonian Gallery in London inspired by and in aid of Bedales-supported charity the Rural Refugee Network.

The exhibition explores the theme of a British welcome in relation to the Syrian migrant crisis. A percentage of sales proceeds will be donated to both the Rural Refugee Network and its partner charity Children on the Edge. The charities rehouse Syrian refugees in the UK as well as educating displaced Syrian refugee children residing in the Lebanese refugee camps.

Rather than portray explicit scenes of refugee life, Rennie has taken an alternative visual approach. The artist held a number of interviews and workshops with Syrian refugees and children that have been resettled in the UK by the Rural Refugee Network. The resulting artworks are informed by these testimonies as well as discussions with volunteers from the Rural Refugee Network about the successes they have had and the challenges they face.

Among the imagery featured are teacups, sandcastles, flowers and flags. Visual references that are quintessentially British, but also have universal appeal. The paintings were created to reflect the notion of empowerment: that of the refugees themselves, but also empowering the public to take action and to play a part in tackling the worst humanitarian crisis of our generation.

The exhibition runs for two days only, 24th and 25th September 2019 at the Frestonian Gallery in Notting Hill West London.

Please contact Dunhurst parent Julia Thistleton-Smith on [julia@waughthistleton.com](mailto:julia@waughthistleton.com) for further details.



# Menus Next Week



## DUNHURST LUNCH MENU - Week Three 16<sup>th</sup> Sept, 7<sup>th</sup> Oct, 4<sup>th</sup>, 25<sup>th</sup> Nov

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Homemade Soup	Soup of the Day	---	---				
Classic Main	Beef & Ale Casserole with Herb Dumplings	Roast Turkey Crown with Gravy & Cranberry Sauce	Assorted Pizza	Katsu Chicken	Breaded Cod Salmon Steaks with Pesto Crumb Fish Finger	Beef Fajitas with toppings	---
Vegetarian	Autumn Vegetable Stew with Dumplings	Feta, Red Onion & Spinach Sausage Rolls	Assorted Pizza	Thai Green Vegetable Curry	Sweet Pepper & Basil Risotto Cakes	Vegetable & Bean Enchiladas	---
Jacket Potato & Pasta Bar	Wholemeal Pasta Tomato Sauce Cheese Baked Beans		---				
Carbohydrates	Parsley New Potatoes	Roasted Thyme Potatoes	Jacket Wedges	Rice	Chips	Cajun Potatoes	---
Vegetable Choice	Roasted Swede & Carrot Green Beans	Broccoli Glazed Baton Carrots	Roasted Med Vegetables	Spring Rolls	Peas Baked Beans	Assorted Salads	---
Dessert	Eves Pudding with Cream	Rice Pudding	Berry Tiramisu	Chocolate Sponge & Chocolate Sauce	Assorted Ice Creams	Chocolate Brownies	---

A SELECTION OF HOMEMADE BREAD, SALADS, MIXED FRUITS, COLD DESSERTS & YOGURTS AVAILABLE DAILY



## DUNHURST SUPPER MENU - Week Three 16<sup>th</sup> Sept, 7<sup>th</sup> Oct, 4<sup>th</sup>, 25<sup>th</sup> Nov

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Homemade Bread	Assorted Bread Basket	Assorted Bread Basket	Assorted Bread Basket	Assorted Bread Basket	Assorted Bread Basket	Assorted Bread Basket	Assorted Bread Basket
Classic Main	Pork Meatballs with Tomato & Pepper Sauce	Chicken & Mushroom Pie with Shortcrust Pastry	Jumbo Fish Finger Wraps with Chunky Tartare Sauce	Shepherds Pie	Chilli con Carne with Homemade Nachos	Boarders' Choice	Boarders' Nice Tea
Vegetarian	Veggie Meatballs	Vegetable & Lentil Pie with Shortcrust Pastry	Sweet Potato & Feta Wraps	Vegetable Shepherds Pie	Vegetable & Bean Chilli	Boarders' Choice	Boarders' Nice Tea
Carbohydrates	Spaghetti	Mashed Potato	French Fries	N/A	Rice & Peas	Boarders' Choice	Boarders' Nice Tea
Vegetable Choice	Roasted Courgettes	Garden Peas	Mixed Salads	Carrots & Peas	Sour Cream Guacamole Salsa	Boarders' Choice	Boarders' Nice Tea

A SELECTION OF FRESH SEASONAL FRUITS & YOGURTS AVAILABLE DAILY

[BACK](#)