

Here's What She Said to Me

by Utopia Theatre

Trigger Warning and Information

This production contains adult themes, sexual references, implications of physical and sexual abuse, and references to childbirth.

Full Trigger Warnings

- Physical violence - **Implied**
- Sexual violence - **Implied**
- Physical Abuse - **Implied**
- Emotional Abuse - **Implied**
- Rape - **Implied**
- Child abuse - **Implied**
- Paedophilia - **Implied**
- Death - **Implied**
- Pregnancy/Childbirth - **Implied**
- Miscarriages/Abortion - **Implied**
- Blood - **Implied**

All Audience Information

- Strobe lighting - **None**
- Flashing lights or short periods of flashing lights - **None**
- Smoke - **None**
- Haze - **None**
- Sudden Loud Noises - **None**
- Loud sound effects (including gunshots) - **None**
- Nudity - **None**
- Adult themes - **Yes**
- Contains scenes of a sexual nature - **Yes**
- Contains mild sexual references - **Yes**
- Be warned, this show has rude parts! - **None**
- Contains scenes of a violent nature - **Yes**
- Contain language which some audience members may find offensive - **None**
- Contains some strong language - **None**
- Contains mild language - **None**
- Songs contain explicit lyrics - **None**
- Moments of extreme shock and tension - **None**
- Reference to drug abuse - **None**
- The play explores the medical treatment of mental health - **None**
- explores themes of mental health issues - **None**
- Contains disturbing scenes - **None**