



DUNHURST LUNCH MENU Week One

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------------------------|--|---|--|--|--|----------------------------|--------|
| Homemade Soup | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | --- | --- |
| Classic Main | Creamy Chicken Korma with Naan Breads | Best of British Roast Beef with Yorkshire Pudding & Horseradish sauce | Cantonese Style Sweet & Sour Chicken with Prawn Crackers | Cottage Pie with Sweet Potato mash | Breaded Cod Fillets Chicken Tikka Strips | HotDogs with Crispy Onions | --- |
| Vegetarian | Butternut & Chickpea Rogan Josh | Vegetable Wellington | Hot & Sour Vegetables with Crispy Tofu | Vegetable & Quorn Cottage Pie | Mac & Cheese with Spinach & Butternut | Veggie Hotdogs | --- |
| Jacket Potato & Pasta Bar | Penne Pasta Tomato & Basil Sauce Baked Beans | Penne Pasta Tomato & Basil Sauce Baked Beans | Penne Pasta Tomato & Basil Sauce Baked Beans | Penne Pasta Tomato & Basil Sauce Baked Beans | Penne Pasta Tomato & Basil Sauce Baked Beans | | --- |
| Carbohydrates | Pilaf Rice Plain Rice | Roast Potatoes | Noddle's | Olive Oil New Potatoes | Chips | Seasoned Potato W edges | --- |
| Vegetable Choice | Sag Aloo Broccoli | Carrots & Garden Peas Cauliflower Cheese | Stir Fry Vegetables | Buttered Savoy Cabbage Sweetcorn | Mushy Peas Baked Beans | Corn on Cob | --- |
| Dessert | Assorted Fruit Jellies | Apple & Cinnamon Crumble & Custard | Chocolate & Orange Mousse | Baked Alaska | Fruit Salad & Yoghurt | | --- |

A SELECTION OF HOMEMADE BREADS, SALAD BAR, CUT FRUITS & YOGHURTS AVAILABLE DAILY



DUNHURST LUNCH MENU – Week Two

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY – SEE BRUNCH MENU |
|---------------------------|--|--|---|--|--|-------------------|--------------------------|
| Homemade Soup | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | --- | --- |
| Classic Main | BBQ Pork Steaks with BBQ Sauce | Stir Fried Beef with Chinese Vegetable | Chicken & Mushroom Pie with Puff Pastry | Traditional Beef Lasagne with Garlic Bread | Gluten Free Battered Cod Breaded Cod Fish Fingers | Beef Chilli Wraps | --- |
| Vegetarian | Vegetable & Mixed Bean Stack | Aubergine & Tofu with Black Bean Sauce | Vegan Vegetable & Mushroom Pie with Shortcrust Pastry | Cannelloni Verdi with Spinach & Mozzarella | Vegetable & herb Quiche | Bean Chilli Wraps | --- |
| Jacket Potato & Pasta Bar | Penne Pasta Tomato & Basil Sauce Baked Beans | Penne Pasta Tomato & Basil Sauce Baked Beans | Penne Pasta Tomato & Basil Sauce Baked Beans | Penne Pasta Tomato & Basil Sauce Baked Beans | Penne Pasta Tomato & Basil Sauce Baked Beans | | --- |
| Carbohydrates | Herby Diced Potatoes | Egg Fried Rice Plain Rice | Creamy Mashed Potato | Plain New Potatoes | Thick Cut Chips | Potato Wedges | --- |
| Vegetable Choice | Green Beans Sweetcorn | Broccoli Baby Corn & Pak Choi | Roasted Root Vegetables | Roasted Courgettes Peppers & Tomatoes | Garden Peas Baked Beans | Assorted Salads | --- |
| Dessert | Creamy Rice Pudding with Fruit Compote | Chocolate Fudge Cake | Fruit Salad & Natural Yoghurt | Jam & Coconut Sponge & Custard | Assorted Ice Creams | | -- |

A SELECTION OF HOMEMADE BREAD, SALADS, TWEETS, BROLLS & YOGURT IS AVAILABLE DAILY



DUNHURST SUPPER MENU Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------------|-----------------------------------|---------------------------------|----------------------------|---------------------------|-----------------------|-----------------------|----------------------|
| Homemade Bread | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread basket | Assorted Breadbasket |
| Classic Main | Lamb Koftas with Tazaki | Smoked Haddock & Leek Fishcakes | BBQ Sticky Pork Ribs | Beef Stroganoff | Assorted Pannis | | |
| Vegetarian | Falafel with Tomato & Onion Salad | Vegetable ¼ Pounder Burger | BBQ Quorn Steaks | Mixed Mushroom Stroganoff | Mozzarella Sticks | | |
| Carbohydrates | Moroccan Style Cous Cous | Chips | Oven Roasted Potato Wedges | Braised Rice | | | |
| Vegetable Choice | Roasted Squashes | Peas & Sweetcorn | Corn on Cob | Green Beans | Assorted Salads | | |

A SELECTION OF FRESH SEASONAL FRUITS & YOGURTS AVAILABLE DAILY



DUNHURST SUPPER MENU – Week Two

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------------|--|---|--|---|--------------------------------|----------|--------|
| Homemade Bread | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | | |
| Classic Main | Meatballs with a Tomato & Mascarpone Sauce | Sticky Lemon & Honey Chicken | Build Your Own Tacos Selection of Fillings, Toppings & Sauces | Curry Night Katsu Chicken Lamb Rogan Josh | BBQ Pulled Pork Wraps | | |
| Vegetarian | Vegeballs with a Tomato & Mascarpone Sauce | Roasted Halloumi, Tomato & Mushroom on Ciabatta | Build Your Own Vegetarian Tacos with Fillings, Toppings & Sauces | Vegetable & Chickpea Biryani | BBQ Vegetable Wraps | | |
| Carbohydrates | Spaghetti | Noodles | Cheesy Nachos | Pilau Rice | Parmentier Potatoes | | |
| Vegetable Choice | Vegetable Ratatouille | Vegetable Pakoras | Corn Cobs | Vegetable Samosas | Onion Rings Assorted Salads | | |

A SELECTION OF FRESH SEASONAL FRUITS & YOGURTS AVAILABLE DAILY



DUNHURST LUNCH MENU – Week Three

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------------------------|--|---|---|---------------------|---|---------------------------------------|--------|
| Homemade Soup | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | --- | --- |
| Classic Main | Trio of Butcher's Sausages with a Caramelised Onion Gravy | Honey Roast Gammon with Parsley Sauce | Lamb Ragu with Spaghetti | Assorted Pizza | Breaded Plaice Cod Fish Fingers | Spicy Chicken Burritos with Guacamole | --- |
| Vegetarian | Vegetarian Sausages | Roasted Mediterranean Parcels | Spring Vegetable & Herb Frittata | Assorted Pizza | Roasted Squash & Sweet Potato Risotto with Parmesan | Cajun Vegetable & Halloumi | --- |
| Jacket Potato & Pasta Bar | Wholemeal Fusilli Creamy Tomato Baked Beans Grated Cheddar | Wholemeal Fusilli Tomato & Basil Baked Beans Grated Cheddar | Penne Pepperoni & Tomato Baked Beans Grated Cheddar | | Wholemeal Fusilli Chunky Chorizo Baked Beans Grated Cheddar | --- | --- |
| Carbohydrate | Wholegrain Mustard Mashed Potatoes | Steamed New Potatoes with Herbs | Herby Crispy Potatoes | Potato Wedges | Chunky Chips | Cajun Wedges | --- |
| Vegetable Choice | Baton Carrots Garden Peas | Cauliflower Cheese Roasted Parsnips | Green Beans Sweetcorn | Roasted Med Veg | Mushy Peas Baked Beans | Mixed salads | --- |
| Dessert | Candied Lemon Sponge Cake with Custard | Orange Syllabub | Mixed Fruit & White Chocolate Bread & Butter Pudding with Custard | Fruit Salad & Cream | Chocolate & Raspberry Mousse | Homemade Chocolate Brownie | --- |

A SELECTION OF HOMEMADE BREAD, SALADS, MIXED FRUITS & YOGURTS AVAILABLE DAILY



DUNHURST SUPPER MENU – Week Three

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------------|------------------------------------|---|--|---|--|----------|--------|
| Homemade Bread | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | Assorted Bread Basket | | |
| Classic Main | Capsicum, Chorizo & Seafood Paella | Shredded Hoi Sin Lamb Wraps with Salad | ¼ Pounder Burgers in a Brioche Bun | Hunter's Chicken with Bacon & BBQ Sauce | Sweet & Sour Pork Balls | | |
| Vegetarian | Stuffed Portobello Mushrooms | Vegan Falafels with Pitta & Salsa | ¼ Pounder Vegetable & Salsa Burgers | Three Bean, Vegetable and Herb Sweet Chilli | Baby Corn, Bean Sprout & Peppers in a Black Bean Sauce | | |
| Carbohydrates | Garlic Bread | Sautéed Potatoes | Skinny Fries | Parmentier Potatoes | Plain Chow Mein | | |
| Vegetable Choice | Garlic Green Beans | Broccoli with Lemon & Sundried Tomatoes | Selection of Salads, Sauces and Toppings | Garden Peas | Chinese Five Spice Stir Fried Vegetables | | |

A SELECTION OF FRESH SEASONAL FRUITS & YOGURTS AVAILABLE DAILY