Whole School Trip to Chichester Festival Theatre

At a Glance

The Week Ahead
Letter from Colin
Parents - Key Dates
Theatre Trip
Notices

Notices 2
Teen Tips
Menus Next Week

Celebration Display
Group 3 WWII Topic

See photos
See photos
## The Week Ahead

### GROUPS' PLAY WEEK

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 2 Nov</td>
<td>16.30-17.30 JAW - The David Shepherd Wildlife Foundation by Jo Elphick</td>
</tr>
<tr>
<td></td>
<td>17.30-18.45 Dunhurst - FOD's Bonfire + Fireworks</td>
</tr>
<tr>
<td>Sat 3 Nov</td>
<td></td>
</tr>
<tr>
<td>Sun 4 Nov</td>
<td>18.00-20.00 Boarders return</td>
</tr>
<tr>
<td>Mon 5 Nov</td>
<td></td>
</tr>
<tr>
<td>Tue 6 Nov</td>
<td>18.00-19.00 Dunhurst - Performers' Platform Guitar and Percussion (The Blue Room)</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Wed 7 Nov</td>
<td>13.00-17.30 U10A Netball Tournament (A) at Churcher's College Junior School (leave Dunhurst 12.00)</td>
</tr>
<tr>
<td></td>
<td>14.00-17.00 U11A Football Tournament at Churcher's Junior (leave Dunhurst 13.00)</td>
</tr>
<tr>
<td></td>
<td>14.30-16.00 U13A + B Football v Morehouse (H) (League)</td>
</tr>
<tr>
<td></td>
<td>14.30-17.00 U13 Netball v Prebendal (A) (leave Dunhurst 13.30pm)</td>
</tr>
<tr>
<td></td>
<td>14.30-16.00 U11A Hampshire Independent School Netball League v Kingscourt (A) (leave Dunhurst 13.30)</td>
</tr>
<tr>
<td></td>
<td>14.30-16.00 U11B + U10B Netball v Prebendal (H)</td>
</tr>
<tr>
<td></td>
<td>14.45-17.30 U13 Girls' Hockey v Seaford College (H)</td>
</tr>
<tr>
<td></td>
<td>15.15-17.30 U9 Netball v Boundary Oak (A) (leave Dunhurst at 14.15)</td>
</tr>
<tr>
<td></td>
<td>15.30-17.00 U9 Football v Buriton (H)</td>
</tr>
<tr>
<td></td>
<td>15.30-17.30 U11B Football v Meoncross (H)</td>
</tr>
<tr>
<td>Thur 8 Nov</td>
<td>14.00-16.00 Group 2 - Victorian Afternoon</td>
</tr>
<tr>
<td></td>
<td>18.00-19.00 Dunhurst - Performers' Platform Singers (The Blue Room)</td>
</tr>
<tr>
<td>Fri 9 Nov</td>
<td>14.00-16.00 Groups' Play Matinee Performance</td>
</tr>
<tr>
<td></td>
<td>16.00-18.30 Block I - Parent/Teacher Appointments</td>
</tr>
<tr>
<td></td>
<td>16.30-17.30 Dunhurst JAW - with Clare Jarmy (Head of PRE at Bedales)</td>
</tr>
<tr>
<td>Sat 10 Nov</td>
<td>11.00-13.30 Block I - Parent/Teacher Appointments</td>
</tr>
<tr>
<td>Sun 11 Nov</td>
<td>18.00-20.00 Boarders return</td>
</tr>
</tbody>
</table>
Dear Parents,

It was fantastic to welcome everyone back to school on Wednesday morning. There was a sense of children having their batteries fully recharged and ready to enjoy the second half of the autumn term.

I am proud to say that, over the last year at Dunhurst, Matt our Dunhurst and Dunannie Catering Manager, has managed to cut our intake of sugar by 50%! I think this is astonishing and a real achievement. During ‘Sugar Awareness Week’ (12 November) we have lots of activities planned including a Coffee Morning on Thursday 15 November from 08.30. There will be lots of delicious (sugar freeish) cakes and biscuits to try. Also, for parents, we will be holding a Cookery Workshop. Do look out for the invitation coming your way!

Please do sign up also for Alicia’s ‘Parenting Teens’ workshop. She is truly inspirational and I know the parents who attended her last workshop found her informative, with a sense of humour! She creates a relaxed atmosphere and I know you will leave with a ‘toolbox’ of helpful tips ready for the wonderful, but sometimes tricky, road of parenting teens. Alicia is a BACP accredited counsellor, parent coach and pastoral care consultant who has been working with teenagers, parents and teachers for the past ten years both in private practice and in schools. If you are interested, please see a letter from Alicia later on in this newsletter. If you have any questions, please contact Debbie Baty dbaty@bedales.org.uk

Thought of the Week

Family supper debate, just for fun!
Do ideas come from inside or outside your head?

The week that was...

We started the new half term with a whole school trip to Chichester Festival Theatre. The morning was an interactive workshop, followed by the performance of ‘The Midnight Gang’. Thank you to Nichola for organising a memorable day for us all.

Block 2 were immersed into a Photography Workshop on Thursday with professional photographer Ali Warner. There were some wonderful tips and guidance given and it was great to see the children create some creative shots from using the school iPads with Photoshop and other Apps.
The RAK-tivators are getting their heads together to create activities for National Anti-Bullying Week. We are focusing on the positive, so will call the week ‘Harmony Week’.

The ‘Conker Off’ went ahead on Thursday. I have been told that this year was not a good year for conkers, but we certainly have had some quality specimens. A number of tweets were highlighted and there is, in the ‘Craze of the month’ basket at school, a whole set of conkers, strung and ready to be played with!

Thank you to the Group and Block 2 pupils who attended ‘Choc and Chat’ this week. Some fantastic work over the past half term and great ambassadors for the school!

**Dates for your diary**

**Friday 2 Nov** - Dunhurst Bonfire Night!
- 5.30 – Event starts Dunhurst Playground, food and drinks served (cash bar and stalls)
- 6.15 – Fire lighting
- 6.30 – Fireworks
- 6.45 – Event finishes

**Monday 5 Nov** - Groups’ Play Week

**Thursday 8 Nov** - Performers’ Platform Singers.

**Friday 9 Nov** - 14.00-16.00 Groups’ Play Matinee Performance - All welcome

**The week of 11 November** - Book Fair Week

**Monday 12 November** - 18.00-20.00 Groups’ Play Performance - All welcome

**Monday 12 November** - Sugar Awareness Week

**Monday 12 November** - Harmony Week

**Wednesday 14 November** - Parenting Workshop

I look forward to seeing you at the FOD’s Bonfire Night tonight. Thank you for all the efforts the volunteers have put into making what promises to be a special evening.
## AUTUMN TERM

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 2 November</td>
<td>Dunhurst Bonfire &amp; Fireworks (Ticketed event)</td>
<td>17:30 – 18:45</td>
</tr>
<tr>
<td>Mon 5 November</td>
<td>Groups’ Play Week</td>
<td></td>
</tr>
<tr>
<td>Fri 16 November</td>
<td>Leave weekend begins</td>
<td>16:00</td>
</tr>
<tr>
<td>Sun 18 November</td>
<td>Boarders return</td>
<td>18:00-20:00</td>
</tr>
<tr>
<td>Tue 27 November</td>
<td>Concert - St Peter’s Church</td>
<td>10:00-14:15</td>
</tr>
<tr>
<td>Sat 1 December</td>
<td>The HOPiT Fair</td>
<td>10:00-13:00</td>
</tr>
<tr>
<td>Tue 4 December</td>
<td>Dunhurst Christmas Concert</td>
<td>19:00-20:00</td>
</tr>
<tr>
<td>Fri 7 December</td>
<td>Term ends</td>
<td>14:30</td>
</tr>
</tbody>
</table>

MANY CONGRATULATIONS TO MEA AND SIMON WHITTAKER  
Married over half-term on 27 October
What’s Been Happening...

CELEBRATION DISPLAY AND ASSEMBLY

On the last day of term the Groups children enjoyed a celebration of their work so far this year. It was a triumphant exhibition of work across the entire curriculum in JB’s, followed by a brief assembly to parents and VIPs to share some of the topic based things we have done. It was a lovely way to end the half term; we always enjoy sharing the fruits of our labours! Thanks to those who were able to come and celebrate with us.
What’s Been Happening...

GROUP 3 WWII TOPIC

Group 3 celebrated the fruits of their prep labours upon our return this term. The pupils were given free rein to study an area of the WWII topic they found interesting in more detail and to present their work in any way they liked. It was a fascinating afternoon as we learnt the family histories of some or got to explore other areas in great detail. Work was presented in many different ways: We’ve had raps, poems, posters, models, films, trailers and a ration cake (to name but a few). It was a really enjoyable way to celebrate an enriching prep.

Andy
On Wednesday the 31st of October, Dunhurst got the chance to go see 'The Midnight Gang' live as a performance in Chichester Festival Theatre.

When we first arrived, we met Richard, who kindly led us through an actor’s warm up. Later on, he picked a couple of us to go on stage and try to position ourselves to show the status of certain characters, which took a lot of thought and imagination. Richard also helped us to recognise the characters in the show.

Then, Jenny Dale (the actress playing Matron) watched us perform our own version of sections of the script and coached us to become better performers.

Comments on the workshop included:
“I was asked to act. I was scared but intrigued to be up on stage- it was so different to be up looking at everyone” Safia.
“It was fun” Emily/Sophie.
“I liked how we met the actor for the matron. She gave us tips on things to look out for and what to expect” Dylan

Finally, it was time to see the show. It was a splendid experience, since it was both funny and touching. There was also a live orchestra, amazing props and the setting was fascinating.

A few students shared their opinion about the show:
“The way the characters changed and the way the set turned was great- it was really clever” Sophie.
“It was humorous. It makes you feel like you can do anything” Kai.
“Nice ice cream” Megan.
“Exciting and fun to watch” Jacobi.
“Inspirational” Xander.
“I didn’t know the book, but I liked the way they let their dreams loose” Bo.
“Really creative the way they did the adventures. It was really imaginative the way they created it- especially the flying lady” Bubble.
“Fun” Abi/Monty.
“It was similar to the book, which was great because I love the book” Saul.
“It was strange, and I liked that.” Kobi.
“I liked the character changes- they were really cleverly done” Maddie.
“I felt sad that George didn’t get to fly!” Jo.

Whilst we were all having a great day out, the gap students had to stay behind and fix scooters - but that means the fun continues back at school too!
“The scooters are in great condition” Annika.

Everyone, especially the Groups, were really inspired, and this should mean they have some great tips for their upcoming play!
Company Chameleon presents ‘10’ At the Bedales Theatre

Tickets at [www.bedales.org.uk/event/10](http://www.bedales.org.uk/event/10) (£12.00/£10.00)

National Dance Award nominees, Company Chameleon rewind and fast forward in a new triple bill celebrating their 10th anniversary year.

Featuring three dance pieces, which use engaging and athletic choreography to explore human and personal issues, 10 showcases Chameleon’s trademark style of creating socially relevant dance theatre that is both powerful and original.

Rites, the first major piece of work made by the company in 2007, is a male duet about growing up on the journey from boyhood to manhood, exploring the question, what does it mean to be a man? Imprint a new trio by Kevin Edward Turner, is unashamedly about love, romance and relationships, and the imprint they leave on us; and Anthony Missen’s new solo, Trip, takes you into the dark arena of self-deception, exploring the line between true and false identity.

See the piece that launched Chameleon onto the dance scene a decade ago, alongside two new works by the Company’s founders. Inspiring and insightful, retrospective and up-to-the-minute, 10 promises to be a triple-bill that is truly of its time.

“Beautifully revealing...unforgettably good.” Judith Mackrell, The Guardian
GROUP 2 VICTORIAN AFTERNOON

Dear Parents,

On Thursday 8 November Group 2 will be having a ‘Victorian Afternoon’. Instead of normal lessons, they will transform back to the 1800s and take part in a variety of activities associated with this era in our history. To help us with this, it would be really useful if your son / daughter could bring into school an outfit to wear for the afternoon.

Ideas for boys:

• Black trousers
• White shirt
• Waist coat
• Flat cap
• Black / brown shoes

Ideas for girls:

• Black dress
• White pinafore

Sam and Rachel

Outdoor Work
Parents' Gardening Group

Everyone is welcome to join the Outdoor Work Parents' Gardening Group

Following on from feedback at Badley Day that people thoroughly enjoyed the chance to get stuck in, we'll be organising sessions each term for you to get involved - whether to do a specific project, finish off work that the children can’t do or carry out general maintenance around Outdoor Work.

No gardening experience necessary and all equipment including gloves will be provided (plus some tasty nibbles and a cup of tea or coffee to keep your energy up!).

FIRST SESSION:
FRIDAY 30 NOVEMBER
FROM 16.00 to 17.30

So come along and get stuck in - if you can’t make the whole session, that’s OK. Just come for as much as you can. Please click the link below to sign up so we can plan refreshments.

E-mail link
On Wednesday 14 November 2018 we are running a Teen Tips Teens Parenting Workshop. This workshop is suitable for anyone with children approaching adolescence and is designed to give parents a better understanding of teenagers; the tools and skills for a smooth ride through adolescence and a forum to exchange ideas and thoughts with other parents.

It will be run by Alicia Drummond of Teen Tips who is a BACP accredited counsellor, parent coach and pastoral care consultant who has been working with teenagers, parents and teachers for the past ten years both in private practice and in schools.

The workshop covers:

- teenager’s emotional, physical and cognitive developmental needs drive behaviour
- how our role as parents needs to change as they change
- how to open and maintain lines of communication
- how to reduce conflict
- how to set boundaries (and what to do when they are broken)
- how to motivate teens to do what they need to do with a minimum of resistance
- how to set teenagers up for success
- how to build self-confidence
- plus party-guidelines, social networking, gaming, relationships, peer pressure, pornography, drugs and alcohol

There is lots more information and testimonials on the Teen Tips website but to give you an idea of what others have thought, parents have described the workshop as “enlightening, practical, pro-active, helpful, thought provoking and surprisingly humorous”. “If you want to be reassured that you’re not alone in the trials and tribulations of raising teenagers, Alicia will do it – a no nonsense, positive approach that is refreshingly human”.

The day will begin at 09.00am and finish by 13.00. Tickets cost £60 per person to include refreshments and course materials and can be booked on the workshops page of the Teen Tips website.
# Menus Next Week

## DUNHURST LUNCH MENU - Week One

**Sept 3rd, 24th, Oct 15th, Nov 12th, Dec 3rd**

<table>
<thead>
<tr>
<th></th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Homemade Soup</strong></td>
<td>Soup of the Day</td>
<td>Soup of the Day</td>
<td>Soup of the Day</td>
<td>Soup of the Day</td>
<td>Soup of the Day</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td><strong>Classic Main</strong></td>
<td>Minced Beef and Sweet Tomato Lasagne</td>
<td>Roast Pork Loin with Apple Sauce &amp; Cracking</td>
<td>Assorted Shiny Baked Pizza</td>
<td>Creamy Mushroom and Chicken Carburella</td>
<td>Fresh Battered Cod Fillets</td>
<td>Salmon Fish Fingers</td>
<td>Spicy Beef Fajitas with Sour Cream and Tomato Salsa</td>
</tr>
<tr>
<td><strong>Vegetarian</strong></td>
<td>Vegetable and Quorn Lasagne</td>
<td>White Wine, Spinach &amp; Parmesan Risoni</td>
<td>Assorted Shiny Baked Pizza</td>
<td>Pasta Fettucine with Parmesan Shavings</td>
<td>Asparagus &amp; New Potato Frittata</td>
<td>Vegetable &amp; Feta Fajitas with Sour Cream and Tomato Salsa</td>
<td>---</td>
</tr>
<tr>
<td><strong>Carbohydrates</strong></td>
<td>Roast Garlic &amp; Ginger New Potatoes</td>
<td>Roast Potatoes</td>
<td>Saute Potatoes</td>
<td>Buttered Pasta</td>
<td>Thick Cut Chips</td>
<td>Cajun Wedges</td>
<td>---</td>
</tr>
<tr>
<td><strong>Vegetable Choice</strong></td>
<td>Corn Cobs Nutmeg Spinach</td>
<td>Batata Carne Spiced Red Cabbage</td>
<td>Sweetcorn Sliced Courgettes</td>
<td>Green Beans Roasted Peppers &amp; Tomatoes</td>
<td>Mushy Peas Baked Beans</td>
<td>Mixed salads</td>
<td>---</td>
</tr>
<tr>
<td><strong>Dessert</strong></td>
<td>Mixed Berry Cheesecake</td>
<td>Lemon Sponge &amp; Custard</td>
<td>Pear &amp; Chocolate Crumble &amp; Cream</td>
<td>Sticky Toffee Pudding</td>
<td>Mixed Fruit Jellies</td>
<td>Homemade Chocolate Brownie</td>
<td>---</td>
</tr>
</tbody>
</table>

*A selection of homemade breads, salad bar, cut fruits & cold desserts available daily*

## DUNHURST SUPPER MENU - Week One

<table>
<thead>
<tr>
<th></th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Homemade Bread</strong></td>
<td>Assorted Bread Basket</td>
<td>Assorted Bread Basket</td>
<td>Assorted Bread Basket</td>
<td>Assorted Bread Basket</td>
<td>Assorted Bread Basket</td>
<td>Assorted Bread Basket</td>
<td>Assorted Bread Basket</td>
</tr>
<tr>
<td><strong>Classic Main</strong></td>
<td>Sweet Chilli Chicken with Sesame, Peppers &amp; Broccoli</td>
<td>Seafood, Tomato &amp; Parsley Linguine</td>
<td>Homemade Cajun Chicken Burger in a Brioche Bun</td>
<td>Homemade Sausage &amp; Sage Rolls</td>
<td>Pulled Pork Pita Pockets with BBQ Sauce</td>
<td>Boarders’ Choice</td>
<td>Assorted Filled Baguettes with Salad, Fruit &amp; Cakes</td>
</tr>
<tr>
<td><strong>Vegetarian</strong></td>
<td>Stir Fried Quorn &amp; Green Peppers in Black Bean Sauce</td>
<td>Macaroni Cheese</td>
<td>Vegetable &amp; Bean &amp; Pounder Burger</td>
<td>Cheese &amp; Tomato Turnovers</td>
<td>Roasted Vegetable &amp; Halloumi Pittas</td>
<td>Boarders’ Choice</td>
<td>Assorted Filled Baguettes with Salad, Fruit &amp; Cakes</td>
</tr>
<tr>
<td><strong>Carbohydrates</strong></td>
<td>Egg Fried Rice</td>
<td>Rosemary Ciabatta</td>
<td>Onion Rings</td>
<td>Mashed Potato</td>
<td>Lemon &amp; Coriander Rice</td>
<td>Boarders’ Choice</td>
<td>Assorted Filled Baguettes with Salad, Fruit &amp; Cakes</td>
</tr>
<tr>
<td><strong>Vegetable Choice</strong></td>
<td>Broccoli &amp; Sesame Seeds Vegetable Spring Rolls</td>
<td>Peas</td>
<td>Potato Salad Mixed Salad Coleslaw</td>
<td>Baked Beans</td>
<td>Mixed Salads</td>
<td>Boarders’ Choice</td>
<td>Assorted Filled Baguettes with Salad, Fruit &amp; Cakes</td>
</tr>
</tbody>
</table>

*A selection of fresh seasonal fruits & yogurts available daily*